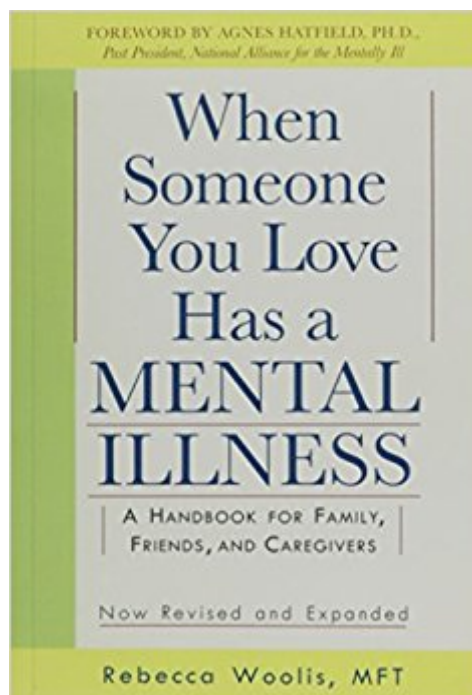




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When Someone You Love Has A Mental Illness: A Handbook For Family, Friends, And Caregivers, Revised And Expanded



Synopsis

This indispensable book about love and mental health addresses the short-term, daily problems of living with a person with mental illness, as well as long-term planning and care. Of special note are the forty-three "Quick Reference Guides" about such topics as: responding to hallucinations, delusions, violence and anger; helping your loved one comply with treatment plans and medication; deciding if the person should live at home or in a facility; choosing a doctor and dealing with mental health professionals; handling the holidays and family activities; managing stress; helping siblings and adult children with their special concerns. "Ms. Woolis produced a handbook which is both practical and accessible, eminently useful for all of us who have a family member with a serious mental illness." "E. Fuller Torrey, M.D., author of *Surviving Schizophrenia*" "Rebecca Woolis presents easy-to-follow practical guidelines for coping with the multitude of problems that regularly confront families. In minutes the reader can find helpful suggestions for dealing with any problem that might arise." "Christopher S. Amenson, Ph.D., Director, Pacific Clinics East

Book Information

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Customer Reviews

Best book ever on the subject!! I have two nephews who suffer mental illness, have suffered severe depression myself, and have several friends who have children with mental illness, as well as two dear friends who are currently severely depressed. This book is a GOD-SEND for anyone needing the help (and all people probably do) in trying to understand the special needs of the mentally ill. Our culture, in general, turns a blind eye to the segment of the population that suffer the paralyzing, crippling, demoralizing aspects of mental illness. Rebecca Woolis does a fantastic job helping

readers understand and provides excellent information on how to address the needs of those with mental illness. BUY THIS BOOK...read it and pass it on...I believe it will help change the lives of all who read it and have loved ones who so desperately need to be understood and helped along on their difficult journey!! THIS BOOK can change lives as well as attitudes regarding mental illness!

this was recommended to me by a friend. This book will help alleviate the frustration, anger, and guilt that happens with every family dealing with a loved one who's mentally ill. Excellent Also, NAMI has been marvelous. Chapters in most states. Family to family help is essential.

I read "I am not sick, I don't need help", which is good, but this book, "When Someone..." really gets to where my heart is about how to deal with family illness. It's well-written, not just repeated context, a good read too!

This book contains what so many mental health books lack: advice. The majority of books on mental health offer a medical or personal description of various mental health conditions. This book tells someone who loves or cares for a mentally ill friend or relative how to help and handle them. It covers the basics of how to approach and talk to someone who may not be behaving or thinking rationally at the time, to how to work with insurance companies and locate help. I have purchased dozens of books in my quest to help a loved one. While the majority have been useful, this is the one I wish I read first. If you need help understanding and working with mental illness, this book is a great starting point.

I can't say enough great things about this book. We've been dealing with this for over 6 years and have read so so many books in an effort to educate ourselves and understand better what's going on. Have to say this one's the best at calling it like it is.. wish I read it several years ago!!! It might have saved us a lot of "hard knocks"... but then again, we might not have been ready to hear it.

Great book

Excellent book. This book very clearly presents very helpful information for everyone who has contact with a person with mental illness. Having a person with a mental illness living at home is an enormous strain and with the stigma (unfairly) attached it is wonderful to find needed instruction in one book. This revised (2003) copy is still useful for general guidelines for daily living and

convincing the family member to take medicine when they don't think that they are sick. Keeping the long-term picture in mind, the family can offer a kind of love, support, and ongoing relationship that no one else can.

The book is clearly written. However, if the person that has the mental illness is a family member, it becomes more difficult to read the book and not re-live the past.

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